

WELCOME GUIDE

BREAKFAST & AFTER SCHOOL CLUBS



Our affordable Breakfast and After School Clubs offer all the flexibility and convenience you need and the FUN your children deserve! All of our staff have a wealth of experience working with children, are enhanced DBS checked and hold a minimum of Safeguarding and First Aid training. Our staff love what they do and have your child's interests at the heart of everything they do.

We understand that coming to a new place and trying something different can be daunting, so we have put this guide together for you to answer any questions you may have. Please do not hesitate to contact our office on 01344 860868/infogetactivesports.com to speak to a member of our team.



BREAKFAST CLUBS



What To Expect at Breakfast Club

Each morning children can enjoy a healthy variety of different options, with toast, cereal and fresh fruit always offered. Please make us aware on your booking form of any dietary requirements your child may have. We offer a variety of games and multi sports during the Breakfast Club to get your child refreshed and ready for the day ahead.

You can drop off your child any time from the start of the Breakfast Club session, but please note that breakfast will only be served until 8:30am. Our Club Supervisor will register your child upon arrival and welcome them to the session with breakfast.

At the end of the session, your child will either be collected by a member of school staff or a member of our team will walk them to their classes (depending on the arrangement with your child's school).



Active Care Breakfast Club Menu



Time/Day	Marvel Monday	Team Tuesday	Wacky Wednesday	Talent Thursday	Festival Friday
Breakfast Options	<ul style="list-style-type: none"> ▪ Cereal ▪ Toast ▪ Yoghurt 	<ul style="list-style-type: none"> ▪ Cereal ▪ Toast ▪ Bagels 	<ul style="list-style-type: none"> ▪ Cereal ▪ Toast ▪ Toasted Muffins 	<ul style="list-style-type: none"> ▪ Cereal ▪ Toast ▪ Crumpets 	<ul style="list-style-type: none"> ▪ Cereal ▪ Toast ▪ Pancakes
<p>Children can choose to have 1 of the 3 options above, there will also be a selection of fruit offered every day to go alongside their main breakfast choice.</p> <p>Water, Squash and Milk is available for children to drink.</p>					

What will my child do during the session?

Get Active Sports have always believed that allowing children a choice and the freedom to move between activities is key in encouraging them to take part. During our morning session, a variety of games, sports and quiet time will be available to choose from.

WELCOME GUIDE

AFTER SCHOOL CLUBS



What To Expect at After School Club

Children will be signed into the session by the After School Club staff. Each school has their own process for children transitioning from class to our club, usually with Foundation and KS1 being collected by our After School Club staff and KS2 making their own way.

As soon as the register is taken and all children are present, they will choose their first healthy snack of the day and then the fun timetabled activities begin! These activities range from various multi sports, themed sessions to arts & crafts which your child can move between as they chose. We provide a healthy and nutritious snack for the children after they are registered and a larger snack option at around 4:45pm after the children attending the short session (if available at your school) have been collected. The food we provide at our sessions is aimed to provide a healthy burst of energy for our activities, and children are likely to only need a small dinner when they arrive home. Please make us aware on your booking form of any dietary requirements your child may have and we will always do our best to cater to any needs.

Parents are welcome to collect any time within your booked session. When you arrive, if a member of staff is not at the door please call the number displayed/ring the bell to make us aware of your arrival.

What will my child do during the session?

Get Active Sports have always believed that allowing children a choice and the freedom to move between activities is key in encouraging them to take part. Our clubs will always offer a choice between sporting activities, quiet time and arts and crafts. Most of our Active Care venues also offer our Class Dojo feed where parents are able to see what we have done throughout the session and your child may even feature in our posts!

Our Clubs will always have an activity timetable on display for parents to see, but we have added this below so you can view before children attend our setting.

AFTER SCHOOL CLUBS



Active Care Afterschool Club Timetable

Time/Day	Marvel Monday	Team Tuesday	Wacky Wednesday	Talent Thursday	Festival Friday
15:20 – 15:30	Registration/Snack orders				
15:30 – 15:45	1 st Snack Time (See menu for daily available snack options)				
15.45-16.30	Sports or crafts	Sports or crafts	Sports or Wednesday special activity	Sports or crafts	Sports or crafts
16:30 – 16:45 Short Session De- registration	Team challenges	Structured free play	Team challenges	Structured free play	Team challenges
16:45 – 17:05	Main Snack (See menu for daily main snack and side options)				
17:05 – 17:40	Sports or crafts	Sports or crafts	Sports or crafts	Sports or crafts	Sports or crafts
17:40 – 18:00	Structured Free Play <ul style="list-style-type: none"> ▪ Karaoke ▪ Scooters ▪ Remote Control Cars ▪ Straw Building Activity ▪ Small World Play ▪ Arts & Craft 				
18:00	End of day				

Sports options include; Football, Cricket, Volleyball, Frisbee, Mini Golf, Kickball, Benchball, Rounders, Mini Olympics and many more!

Time/Day	Marvel Monday	Team Tuesday	Wacky Wednesday	Talent Thursday	Festival Friday
1 st Snack Options	<ul style="list-style-type: none"> ▪ Crackers ▪ Rice Cakes 	<ul style="list-style-type: none"> ▪ Crackers ▪ Yoghurt 	<ul style="list-style-type: none"> ▪ Crackers ▪ Breadsticks 	<ul style="list-style-type: none"> ▪ Crackers ▪ Yoghurt 	<ul style="list-style-type: none"> ▪ Crackers ▪ Breadsticks
	Children can choose to have 1 of the 2 options above, there will also be a selection of fruit offered every day to go alongside their 1 st snack choice. Water, and Milk is available for children to drink.				
Main Snack Option	Wrap or Sandwich	Pitta Bread or Sandwich	Wrap or Sandwich	Pitta Bread or Wrap	Wrap or Sandwich
	Choice of Fillings: Cheese, Ham, Chicken, Jam Choice of Side: Weekly Variety of fresh fruit & vegetables Children can choose to have 1 of the 2 main snack with up to 2 fillings and also 1 side.				

WELCOME GUIDE FAQ'S



Are Get Active Sports Clubs Ofsted Registered?

All of our Clubs are Ofsted Registered All Get Active Sports Clubs are registered with Ofsted. You can leave your child in our safe hands knowing that all of our staff are all enhanced DBS checked, First Aid and Safeguard trained. Providing extremely high childcare is at the forefront of everything we do. Our latest Ofsted report can be found at:

www.ofsted.gov.uk



My child has additional needs. How can you help?

We are committed to meeting the needs of all children as best as we can and within our staff to child ratio. It is important that we are fully informed of any child with additional needs so we can support them in the best way possible. The best way to do this is via the online booking and registration system and a call/email to our head office to receive a copy of our SEN form.

Our staff to child ratio is 1:14. If your child requires 1-1 support . We will need prior notice to arrange. Get Active Sports do not offer high level support as a standard, so this would be chargeable at an hourly rate as well as the cost of the session/s. We suggest you speak with your local authority who maybe able to help you access local funding.

My child may require medication at the session?

Get Active Sports can only administer prescribed medications, full details of how to administer and quantities must be detailed must be listed on the booking. Please ensure all medication is clearly labelled and in date. For emergency medications such as Epi-Pens and inhalers, Get Active Sports must be provided with a separate supply of these medications to safely store, or an arrangement must be in place with the school reception to allow us to have access to stored medication after school hours.

WELCOME GUIDE FAQ'S



Do I need to book my sessions all at once?

Not at all. Our booking system is designed to be very flexible. You can book as little or as many sessions as you like, however we do recommend booking the week if you know you will require it as some sessions do become fully booked very quickly.

If you are unable to book a session due to it being sold out, please contact our office to be put on our waiting list.

I need to change/cancel my session. How can I do this?

To make adjustments to your session, please contact our office on 01344 860868 or info@getactivesports.com with details of the amendment/cancellation.

Please note that our office requires 48 hours notice to make changes to any booked sessions. In the case of illness, please contact our office as early as possible to make us aware that your child will not be attending.

Does Active Care run during the school holidays?

Get Active Breakfast and After School Clubs are a term-time service only. However, Get Active Sports are also a leading provider for Holiday Camp provisions all over South East England.

Our Multi-Activity Camps are available in Reading, Wokingham, Bracknell, Slough, Didcot, Uxbridge areas throughout all holidays and offer reliable, affordable childcare for our families outside of term. To view available venues near you and what we have planned for our next upcoming camp, visit <https://www.getactivesports.com/get-active-courses/holiday-camps/>